



Nutrition Menu

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Breakfast: Cereal, apples Lunch: Baked potato bar, roll, broccoli, peas, salad, mixed fruit	Breakfast: French toast sticks, berries Lunch: McAlister style sandwich, salad, cucumbers, peaches, apples, beans	Breakfast: Breakfast pizza, bananas Lunch: Pancake sandwiches, hashbrowns, salad, mixed fruit	Breakfast: Yogurt parfaits, berries Lunch: Chicken potato soup, bread bowl, salad, mixed fruit	Breakfast: Muffin, string cheese, pears Lunch: Sandwich, applesauce, carrots, juice	
7	8	9	10	11	12	13
	Breakfast: Cereal, oranges Lunch: Tacos, salad, corn, beans, apples, bananas	Breakfast: Biscuits & gravy, peaches Lunch: Big Mac casserole, salad, peas, broccoli, mixed fruit	Breakfast: Bagel bar, bananas Lunch: Chili, cinnamon roll, salad, mixed fruit	Breakfast: Blueberry waffles, berries Lunch: Reindeer sloppy joe sliders, fries, mixed fruit	Breakfast: Muffins, bananas Lunch: Sandwich, carrots, apples, juice	
14	15	16	17	18	19	20
	Breakfast: Cereal, apples Lunch: Nachos, salad, carrots, mixed fruit, peppers	Breakfast: Biscuit sandwich, berries Lunch: Freddy burgers, fries, salad, mixed fruit, cucumbers	Breakfast: Strawberry bagels, apples Lunch: Chicken tenders, baby potatoes, green beans, peas, fruit	Breakfast: Yogurt parfait, berries Lunch: Pork loin or brisket potatoes, roasted veggies, mixed fruit	Breakfast: Banana bread, oranges Lunch: Sandwich, apples, carrots, juice	
21	22	23	24	25	26	27
						
28	29	30	31	Menus are subject to change. Breakfast and lunch served with Chocolate or Skim, Low-fat, or 1% White Milk & 100 % Juice. This institution is an equal opportunity provider		
						

