

Cereal, oranges

Bratwurst, green beans,

Lunch:

apples

Nutrition Menu

Pancake dogs, pears

plantains, salad

Lunch: Jerk shrimp, rice,

April 2024

~								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	Johnny's Choice! 2	Community Service Day 3	Christian's Choice! 4	Tony's Choice! 5	6		
	Easter Monday No School!	Breakfast: Cereal, apples Lunch: Baked potato bar, roll, corn, mixed fruit	Breakfast: Breakfast pizza, bananas Lunch: Meatloaf, salad, fruit salad	Breakfast: Yogurt parfaits, berries Lunch: Mac & cheese, broccoli, mixed fruit	Breakfast: French toast, strawberries Lunch: Baked potato soup, mixed fruit, mixed vegetables			
7	Solar Eclipse Event! 8	Kaden's Choice! 9	Community Service (Rain Date) 10	Qwintyn's Choice! 11	Prom 12	13		
	Breakfast: Muffins, string cheese, oranges Lunch: Sack lunches, carrots, apples	Breakfast: Biscuits & gravy Lunch: Chicken strips, mashed potatoes, mixed fruit	Breakfast: Bagel bar, bananas Lunch: Tori's Day Shrimp alfredo, mixed fruit, mixed vegetables	Breakfast: Yogurt parfait, berries Lunch: Chili, salad, mixed fruit	Breakfast: Cereal, Bananas Lunch: Leftovers, mixed fruit, mixed vegetables			
14	Eli's Choice! 15	Taylor's Choice! 16	ISASSP Pancake Day! 17	Kyndra's Choice! 18	Brooke's Choice! 19	20		
	Breakfast: Muffins, apples Lunch: Chicken wings, fries, mixed fruit	Breakfast: Breakfast pizza, berries Lunch: Potato soup, roll, mixed fruit, salad	Breakfast: Cereal, bananas Lunch: Pancakes, fruit, sausage, hash browns	Breakfast: Yogurt parfait, berries Lunch: Chicken, mashed potatoes, mixed fruit	Breakfast: Biscuits & gravy Lunch: Chicken strips, fries, mixed fruit			
21	22	23	24	25	26	27		
	Breakfast: Cereal, bananas Lunch: Sub sandwiches, fries, mixed fruit	Breakfast: Muffin, apples Lunch: Grilled cheese, mixed vegetables, mixed fruit	Breakfast: Bars, mixed fruit Lunch: Biscuits & gravy, hash browns, mixed fruit	Breakfast: Donuts, oranges Lunch: Pizza, mixed vegetables, mixed fruit	Breakfast: Cereal, bananas Lunch: Hot dogs, carrots, mixed fruit			
28	Germany! 4th grade! 29	Jamaica, 5 th Grade 30		to a second	and lunch served with Cho fat, or 1% White Milk & 100			
	<u>Breakfast:</u>	Breakfast:						

Menus are subject to change.

Essex is an Equal Opportunity Employer