



Essex Community School District **October 2021**

Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Menu Subject To Change Without Notice	All Meals Served with Milk: 1% Non-Fat			
					1 Cereal Bar String Cheese Juice	2
3	4 Cereal Pop-tart Juice	5 Omelet Sausage Links Juice	6 String Cheese Cereal Juice	7 Sausage Pancake Stick Juice	8 Grahams Yogurt Juice	9
10	11 Oatmeal Bar String Cheese Juice	12 Hard Boiled Egg Grahams Juice	13 Cereal Yogurt Juice	14 Breakfast Pizza Juice	15 Muffin String Cheese Juice	16
17	18 Cereal Bar Yogurt Juice	19 Breakfast Power Bites Juice	20 Cereal String Cheese Juice	21 Breakfast Pizza Juice	22 Pop-tart String Cheese Juice	23
24/31	25 Mini Bagel String Cheese Juice	26 Pancake Sausage Bites Juice	27 Donut Cereal Juice	28 Parent- Teacher Conferences	29 No School	30

This institution is an equal opportunity provider